



THE ST. VINCENT AND GRENADINES ASSOCIATION OF TORONTO INC.

Established 1968

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LET'S TALK COMMUNITY DISCUSSION

Sunday, November 1, 2020

Via ZOOM @ 4:00 P.M.

Meeting ID: 511 607 6380

Passcode: 726351

1. Welcome and Introductions
2. Prayers
3. Update on SVGAT Activities
4. Presentation on Mental Health by Mr. Vin Abbott
5. Let's Talk: *Open Discussion*

About Mr. Vin Abbott, Health Educator

Educational background includes:

- Undergraduate studies in General Nursing from the Saint Vincent and the Grenadines School of Nursing and Health Sciences
- Health Education in Developing Countries from Leeds Polytechnic Metropolitan University, UK
- MPH in Health Sciences in Developing Countries from Boston University School of Public Health, USA
- MEd in Counselling Psychology (Mental Health & Gerontology) from Cambridge College, USA

Mr. Abbott currently produces and presents health education programs on NICE Radio in SVG and CANCARDI Radio in Toronto, Canada