



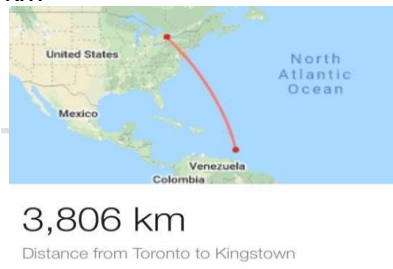
## **We are On the Move!** **Vincy Toronto** **Virtual Walk** **- A tribute to** **E. Bernard "EB" John**



Take part in our unique fundraiser **organized by the St. Vincent and the Grenadines Association of Toronto (SVGAT) & the Toronto SVG Support Group (TSVGSG)** where we invite you to challenge yourself to walk, run or bike at least 30km over a 2 week period.

### **Concept:**

- Virtual measurable physical activity (walk, run, bike)
- Two (2) weeks duration (**September 13<sup>th</sup> -27<sup>th</sup>, 2020**)
- Teams (from your current safe bubble/social circle) or as an individual
- Solicit pledges from sponsors to cover your personal goal
- Collectively walk the distance from Toronto, Canada to Kingstown, St. Vincent and the Grenadines approx. 3,800 km



**Goal:** The goal is to raise funds for our **SVG Scholarship Fund**. Over the years we have raised funds to assist with educating students in SVG and Canada, this walk-a-thon is a tribute to E.B. John.

### **Registration:**

- Register to participate by contacting one of the event coordinators by September 12, 2020:  
**SVGAT: Cordel Telfer - 647 717-9731, OR**  
**TSVGSG: Keturah Layne – keturahlayne1@hotmail.com**

### **Track your Progress:**

- You have 2 weeks to walk, run or bike
- Using your preferred app on your phone, you will upload your activity to the private event Facebook page – [Vincy Toronto Virtual Walkathon](#)
- You will report regularly to the event coordinator the distance covered and funds raised
- Share pictures of your journey along your favourite walking trails, ravines, parks and waterfronts to our Private Facebook Page [Vincy Toronto Virtual Walkathon](#)

### **Finish Line:**

- The event ends at Sunnybrook Park on **Sunday 27 September at 3:00pm**. We encourage you to come out in your Vincy colours.
- Prizes will be awarded for: most funds raised, most sponsors, and longest distance covered
- Please follow all physical distancing guidelines