



We are On the Move! Vincy Toronto Virtual Walk 2021



Take part in this unique fundraiser **organized by the St. Vincent and the Grenadines Association of Toronto (SVGAT) & the Toronto SVG Support Group (TSVGSG)** where we invite you to challenge yourself to walk, run, bike or swim at least 30km over a 2 week period.

Concept:

- Virtual measurable physical activity (walk, run, bike, swim)
- Two (2) weeks duration (**August 29, 2021 - September 12, 2021**)
- Teams (from your current safe bubble/social circle) or as an individual
- Solicit pledges from sponsors to cover your personal goal or register by making a minimum payment of \$25.00
- Collectively walk the distance from Toronto, Canada to Kingstown, St. Vincent and the Grenadines approx. 3,800 km. Last year, we covered 1045 km of the journey. Take us to Kingstown this year.

VINCY TORONTO VIRTUAL WALK-A-THON

Goal: The goal is to raise funds for our **Scholarship programs in Canada and St. Vincent and the Grenadines.**

Registration:

- Register to participate by contacting one of the event coordinators by August 29, 2021
SVGAT: Cordel Telfer- svgat@vincytoronto.com
TSVGSG: Keturah Layne – keturahlayne1@hotmail.com

Track your Progress:

- You have 2 weeks to walk, run, bike, swim
- Using your preferred app on your phone, you will upload your activity to the private event Facebook page – [Vincy Toronto Virtual Walkathon](#)
- You will report regularly to the event coordinator the distance covered and funds raised
- Share pictures of your journey along your favourite walking trails, ravines, parks and waterfronts to our Private Facebook Page [Vincy Toronto Virtual Walkathon](#)

Finish Line:

- The event ends at Sunnybrook Park on **Sunday, September 12th at 2:00pm.**
- We encourage you to bring your flags and wear your Vincy colours.
- Prizes will be awarded for: most funds raised, most sponsors, and longest distance covered
- Please follow all physical distancing guidelines